

# Summer Adventure Camp 2021 COVID-19 Guidelines

# **General Guidelines**

- Campers will be separated into 'color groups' for field trips. These groups will consist of 6 campers and 1 staff member. There will be 4 total groups.
- Additional staff may interact with multiple groups if they are mandatory for the running of specific portions of the program and they maintain 6 feet of social distancing.
- All adults visiting or dropping children off at day camp should wear a cloth face covering over their
  nose and mouth when at the day camp facility or public spaces where other individuals are present
  when social distancing is not possible.
- Camp will be run outside as much as possible

# **Overall Hygiene**

- Staff and children should practice frequent hand hygiene. Campers will be instructed to wash their hands before and after each activity. Alcohol-based sanitizer will be readily available to staff and campers as well.
- Staff will supervise and help young children to ensure they are washing/sanitizing hands correctly, and to prevent swallowing of alcohol-based hand sanitizer. When soap and water are not readily available and hand sanitizer is used with children, it should be used under the direct supervision of staff. When not in use, hand sanitizer should be kept out of reach of children (on a high shelf, cabinet, or in a backpack worn by staff outside).
- At a minimum, we will require hand hygiene when arriving at the day camp; when entering a facility; before and after meals or snacks; before and during meal preparation or handling food; after outside time; before and after going to the bathroom; before and after medication administration; after cleaning up and handling any garbage; before and after coming into contact with any child or staff member; after sneezing, coughing, or nose blowing; after using shared equipment; and prior to leaving for home.
- Cover coughs or sneezes with a tissue, then throw the tissue in the trash and clean hands with soap and water or hand sanitizer (if soap and water are not readily available). Alternatively, cough or sneeze into elbows.

### **Activity Guidelines**

- Children and staff should be reminded to maintain a distance of at least 6 feet from others whenever possible.
- When possible, each group or individual will get their own supply of equipment to run their own activities. This includes pre-arranged kits of equipment.
- Each group will get its own supply of arts & craft supplies. Games and activities should be designed to allow for social distancing. Modifications may be made to traditional games and activities to ensure camper safety. Any shared equipment/supplies will need to be cleaned and disinfected after usage.

#### **General COVID-19 Screening**

- A. Campers and staff will be screened the week after the July 4<sup>th</sup> break by asking if the individual:
  - **a.** Has any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
  - **b.** Has had any close contact with someone who is suspected or confirmed to have COVID-19 in the past 14 days.
  - **c.** Traveled in the past 14 days either:

Internationally (outside the U.S.),

- **d.** By cruise ship, or
- e. Domestically (within the U.S.) outside of NC on public transportation (e.g., bus, train, plane, etc.).
- B. Person(s) with any COVID-19 symptoms, those who report close contact with someone suspected or confirmed with COVID-19, or those reporting travel risk factors should not be allowed into the day camp
- C. Symptomatic persons should be instructed to contact their health care provider to be tested for COVID-19 and self-isolate at home following the instructions below.
- D. Asymptomatic persons reporting close contact with someone suspected or confirmed with COVID-19, or who report one of the traveled-related risk factors should self-quarantine for 14 days from their last exposure or return from travel.
- E. Person(s) with suspect or confirmed COVID-19 must stay out of day camp until symptom-based criteria are met for discontinuation of isolation:
  - a. At least 10 days have passed since symptoms first appeared AND
  - b. At least 3 days (72 hours) have passed since recovery (recovery is defined as resolution of fever off any fever reducing medications plus improvement in other symptoms)

<sup>\*</sup>Any person that develops symptoms of COVID-19 while at the day camp should be masked if they are over 2 years of age, removed from contact with others into an appointed sick area, and be immediately sent home\*

# **Camper Guidelines**

- Campers must bring a mask to camp with them and will be asked to wear a mask when we are unable to maintain social distancing (such as retrieving items from inside).
- Keep each child's belongings separated and in individually labeled storage containers, cubbies, or areas; take belongings home each day.
- Campers and staff need to bring their own water bottles and food. No shared water jugs.
- Campers who do not follow recommendations will be given a reminder and then may be asked to sit
  out during an activity. Campers who continue to disregard rules and staff instruction may be asked to
  leave camp.

### **Staff Guidelines**

- Staff must wear a mask when they are unable to maintain social distancing around campers and other staff.
- Staff will implement additional cleaning and disinfecting procedures throughout the day and will maintain camper and staff personal gear to keep it separated.
- Staff must be provided with education and training around safe practices as it relates to hand hygiene, sanitation (cleaning and disinfection policies), and illness policies outlined in the current NCDHHS guidelines.
- Require all staff to report any symptoms of COVID-19 or close contact to a person with COVID-19 to supervisor.

# **Cleaning and Disinfecting Guidelines**

- Review and follow CDC guidance on cleaning and disinfecting.
- Review and follow CDC guidance on creating a plan if staff or children become sick.
- Be ready to follow CDC guidance on how to disinfect our building or facility if someone is sick.
- If a sick child has been isolated in our facility, staff will clean and disinfect surfaces in the isolation room or area after the sick child has gone home.

#### a. If COVID-19 is confirmed in a child or staff member:

- i. Close off areas used by the person who is sick.
- ii. Open outside doors and windows to increase air circulation in the areas.
- iii. Wait up to 24 hours or as long as possible before you clean or disinfect to allow respiratory droplets to settle to reduce the risk to individuals cleaning.
- iv. Clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas.