

Homeschool P.E. 2020

Farmville Parks & Recreation is proud to announce the return of Homeschool P.E.! This course is designed for youth between the ages of 5 and 14.

Due to COVID-19, we have had to make a few necessary changes to this program. The following changes will be implemented this year:

- i. Participants must be spread out while engaging in an activity (at least six feet apart);
- ii. Participants must bring their own water bottles no snacks or refreshments will be provided;
- iii. Parents may drop-off their children or stay and watch. Masks **MUST** be worn by <u>parents</u> if they choose to stay and watch. Parents must also be spread out (at least 6-feet apart);
- iv. Masks will be required for <u>participants</u>, <u>parents</u>, <u>& instructors</u> if activities are scheduled at the Community Center;
- v. Only socially distanced exercise activities will be performed for the Fall 2020 semester. The sharing of equipment is currently frowned upon; therefore, most of the activities will not involve equipment. This course will see an increase in contactless games. Sports, however, will remain the same but with implemented safety guidelines;
- vi. If a participant is sick, he/she will not be allowed to return to the program until the sickness has subsided and a doctor's note has been provided;
- vii. Participants' temperature(s) will be taken prior to each class a running log will be kept;
- viii. Class will revert back to regular hours so to limit person to person contact. **10 AM to 11 AM** every other Thursday

Thanks,

Farmville Parks & Recreation

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